

## PFL PROHIBITED LIST

### PART 1.

Except as provided otherwise in PART 2 below, the *PFL Prohibited List* shall incorporate the most current prohibited list published by *WADA*, as well as any *WADA Technical Documents* establishing decision limits or reporting levels, and, unless otherwise modified by the *PFL Prohibited List* or the *PFL Anti-Doping Policy* (“*PFL ADP*”), *Prohibited Substances*, *Prohibited Methods*, *Specified or Non-Specified Substances* and *Specified or Non-Specified Methods* shall be as identified as such on the *WADA* prohibited list or *WADA Technical Documents*.

### PART 2.

Notwithstanding the *WADA* prohibited list and any otherwise applicable *WADA Technical Documents*, the following Guide to the *PFL Prohibited List* contains additional examples that have the full force and effect as if set forth in the *WADA* prohibited list, and the following additional modifications to the *WADA* prohibited list shall be in full force and effect:

1. **Decision Concentration Levels:** *Adverse Analytical Findings (AAFs)* reported at an estimated concentration below the following *Decision Concentration Levels* (“*DCLs*”), as reported by a *WADA*-accredited laboratory<sup>1</sup> shall be managed by *USADA* as *Atypical Findings* under Article 7.1.9 of the *PFL ADP*. *Atypical Findings* reported in accordance with *WADA Technical Documents* and/or letters regarding diuretics and growth promoters, but not otherwise listed below, shall be managed by *USADA* as *Atypical Findings* under Article 7.1.9 of the *PFL ADP*.
  - Cannabinoids: natural or synthetic delta-9-tetrahydrocannabinol (THC), delta-8-tetrahydrocannabinol (THC), or Cannabimimetics (e.g., “Spice,” JWH-018, JWH-073, HU-210): any level
  - Clomiphene/clomifene: 0.10 ng/mL<sup>2</sup>
  - Dehydrochloromethyltestosterone (DHCMT) long-term metabolite (M3): 0.10 ng/mL
  - Selective Androgen Receptor Modulators (SARMs): 0.10 ng/mL<sup>3</sup>
  - GW-1516 (GW-501516) metabolites: 0.10 ng/mL
  - Epi-trenbolone (Trenbolone metabolite): 0.20 ng/mL

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<sup>1</sup> The *WADA*-accredited laboratory should use a method for semi-quantitative estimation for concentrations of *Prohibited Substances* in *Samples*. This shall be guided by the *WADA TD MRPL* and *WADATD IDCR* and when possible, should be reported to the same number of significant digits as the *DCL*. This semi-quantitative method performed by the laboratory is sufficient for determining whether an estimated concentration equals, exceeds, or is below an applicable *DCL* and no quantitative concentration determination is necessary.

<sup>2,3</sup> If only clomiphene/clomifene or SARM metabolite(s) are reported, in the absence of any parent compound or with the parent compound below the *DCL*, the report shall be managed by *USADA* as an *Atypical Finding*.

2. **SARMs/GW-1516:** *Adverse Analytical Findings* reported at a concentration at or above the applicable *Decision Concentration Level* but under 1 ng/mL shall be managed by *USADA* as *Specified Substances*.
3. **Higenamine:** Higenamine shall be a *Prohibited Substance* under the *PFL ADP* only *In-Competition* (and not *Out-of-Competition*). The reporting limit for Higenamine shall be the reporting limit established for Higenamine by the *WADA Technical Document TDMRPL*.
4. **Intravenous (IV) infusions/injections:** The provision prohibiting the use of certain IV infusions set forth in the *WADA* prohibited list is modified as follows: Intravenous infusions and/or injections of more than a total of 100 mL per 12-hour period are prohibited at all times, both *In-Competition* and *Out-of-Competition*, except for those legitimately received *In-Competition* or *Out-of-Competition* in the course of hospital treatments, surgical procedures, clinical diagnostic investigations, and/or those received *In-Competition* or *Out-of-Competition* that are determined to be medically-justified and within the standard of care by a licensed physician and administered by a licensed medical professional. IV infusions/injections shall be considered a *Specified Method*; provided, however, that, for IV infusions/injections, other than those permitted by the foregoing sentence, the maximum period of *Ineligibility* shall be six months, unless *USADA* can establish that such *Use* and/or *Attempted Use* was in conjunction with the *Use* and/or *Attempted Use* of other *Prohibited Substances* or *Prohibited Methods*, was intended to manipulate the *Athlete's* biological *Markers* to circumvent the rules of the *PFL ADP* or interfere with *Sample* analysis, or was otherwise intended to tamper or interfere with *Doping Control*, including the interpretation of the results of the *Athlete's Sample* or *Athlete Biological Passport*, in which case the *Athlete* may be sanctioned for *Tampering* and/or *Attempted Tampering* and/or the *Use* and/or *Attempted Use* of a *Prohibited Method* in accordance with the *PFL ADP*.
5. **Substances of Abuse:** The following *Prohibited Substances* shall be considered *Substances of Abuse*:
  - CANNABINOIDS: Natural or synthetic delta-9-tetrahydrocannabinol (THC), delta-8-tetrahydrocannabinol (THC), and Cannabimimetics (e.g., "Spice," JWH-018, JWH-073, HU-210).
  - NARCOTICS: Buprenorphine; Dextromoramide; Diamorphine (heroin); Fentanyl and its derivatives; Hydromorphone; Methadone; Morphine; Nicomorphine; Oxycodone; Oxymorphone; Pentazocine; Pethidine.
  - STIMULANTS: Cocaine, methylenedioxymethamphetamine (MDMA, "ecstasy"), dimethylamphetamine (DMA), benzylpiperazine (BZP), metamfetamine(d-), p-methylamfetamine, methylenedioxyamphetamine (MDA).
6. **Glucocorticoids:** As per S9, glucocorticoids by certain routes of administration are prohibited *In-competition* except for those legitimately prescribed by a licensed physician, received for a medically-justified purpose within the standard of care, and administered by a licensed medical professional.
7. **Stimulants:** All stimulants shall be *Specified Substances*.

PART 3.

***Certified Supplements:*** Any supplement certified by (a) NSF Certified For Sport, (b) Kolner Liste, (c) Informed Sport Trusted by Sport, (d) Informed Choice, (e) HASTA (Human and Supplement Testing Australia), or (f) Banned Substance Control Group (BSCG); or any supplement certified by any other supplement certification organization that has been endorsed and/or approved by a NADO (National Anti-Doping Organization) and mutually agreed to by *PFL* and *USADA* and announced to *Athletes*.