



# DRUG TESTING 101

*Congratulations  
on being part of  
clean sport!*

*Drug testing is critical  
in the global fight for  
clean sport. Read further  
on what to expect during  
the drug testing process.*



1

When selected for drug testing, a Doping Control Officer or chaperone will notify you.

I MUST BE PRETTY GOOD IF THEY CHOSE ME.



2

You will be within sight of the DCO or chaperone the entire time until you reach the doping control station.

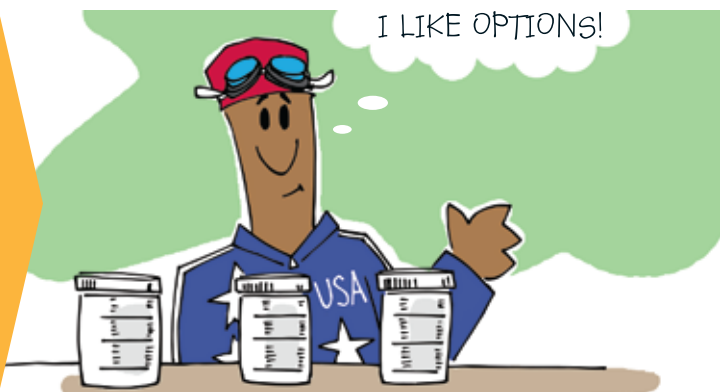
LET'S GET THIS DONE SO I CAN FINISH WATCHING MY FRIENDS.



3

Pick a collection vessel in which you will provide your urine sample. Rinse your hands with water before opening the vessel.

I LIKE OPTIONS!



4

A same gender DCO or chaperone will observe you providing the sample. This is important for the integrity of the sample.

OK, IF IT'S FOR THE GOOD OF CLEAN SPORT.



5

Choose a sample collection kit. Your urine will be placed inside these containers.

THEY REALLY WALK YOU THROUGH EVERYTHING. I HAVE NOTHING TO WORRY ABOUT.



6

*Divide your urine between the B Sample and A Sample bottles and seal them.*

TIME TO POUR!



7

*Place your sealed bottles back into the kit.*

THERE GOES MY URINE, OFF TO THE LAB.



8

*Tell the DCO about all of the medications or substances, like vitamins, that you are taking. The DCO will record this on the Doping Control Official Record.*

GOTTA TELL THEM ALL MY MEDICATIONS.



9

*You may be required to provide blood as part of the drug testing process. It's a very small amount.*

WOWZY! THE NEEDLE FELT LIKE A LITTLE POKE. WHEW - IT WASN'T THAT BAD.



10

*Review the information for accuracy and be proud that you did your part to help keep sport clean.*

WOW - THAT WAS FAST.



Take pride in showing the next generation your talent in competitive sport.



THEY ALL MADE ME FEEL SPECIAL BEING DRUG TESTED. THEY WALKED ME THROUGH EVERYTHING. I FEEL PROUD THAT I COMPETE CLEAN!

Check the status of your medication. You may need to apply for a Therapeutic Use Exemption (TUE).



I ALWAYS LOOK AT [WWW.GLOBALDRO.COM](http://WWW.GLOBALDRO.COM) TO CHECK THE STATUS OF MY MEDICATIONS BEFORE I USE THEM.

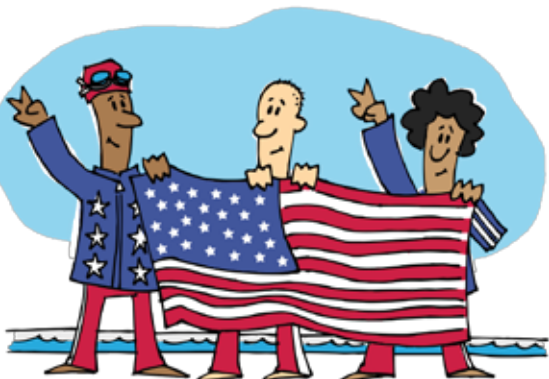
Dreams don't take shortcuts. Achieve greatness the right way by joining the TrueSport team.



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**Compete Strong • Play Fair • Achieve More**



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